## Crisis Intervention Team Training 2023

Location:

317 Denmark Jackson Rd - Denmark, TN

FREE TRAINING TO FIRST RESPONDERS

## THE PURPOSE OF CIT

Learning from mental health professionals and experienced officers in your community. One of the reasons CIT is successful is that it connects officers with a team of clinicians and fellow officers who can advise, problem-solve and support them when a challenging situation occurs.

<u>Phase One</u>: Provides in-depth coverage of the types, severity, signs and symptoms of chronic mental illnesses and the <u>Phase Two</u>: Personal interaction with people who have experienced and recovered from mental health crisis and with family members who have cared for loved ones with mental illness. NAMI members present at the training, providing officers a first-hand opportunity to hear stories of recovery, ask questions and learn what helps (and harms) when a person is in a crisis

<u>Phase Three:</u> Verbal de-escalation skills. CIT teaches a new set of skills for ensuring officer safety – the words, approach and body language that convince a person to get help, or defuse a potentially violent encounter.

<u>Phase Four:</u> Scenario-based training on responding to crises. With the help of volunteers, actors, family members, etc. officers practice their skills in common crisis situations, and get immediate feedback from instructors and classmates. You may also use personal testimonies from family members or consumers.

**POST** Approved Training

Certificates and Lapel Pins provided

Register Here

FREE TRAINING FOR QUALIFIED DEPARTMENTS

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731-431-3520



BASIC CIT

**ALL CLASSES 8 AM-5 PM** 

SEPTEMBER 18-22, 2023

OCTOBER 30-NOV 3

**ADVANCED CIT** 

AND

TRAIN THE TRAINER

**NOVEMBER 13-17, 2023** 





